

# We're proud to be a KiVa school!



**He oranga ngākau, He pikinga waiora.**

**KiVa has had a significant impact on reducing incidents of bullying internationally and in schools across Aotearoa, helping tamariki and rangatahi grow and develop to their potential!**

Bullying is defined as harmful, deliberate, and repeated behaviour towards a person who is perceived as less powerful.

Your child will be part of regular KiVa lessons throughout the year where the focus is on bullying prevention. The aim is for students to gain the knowledge to identify bullying and the confidence to know what to do if they experience or witness bullying.

KiVa lessons include discussion, group work, short videos and role play. Many lessons concentrate on the role a group (bystanders) can have in helping to stop bullying. The students think about and practice different ways to stand up to bullying. The lessons are supplemented by online activities which your child can share with you at home through the KiVa games.

Each school has a KiVa team, made up of teachers or school support staff. Together with the class teacher the KiVa team manage reported bullying cases. This involves using a research-based approach to have short discussions with the students involved, supporting children who have been bullied and giving children who displayed bullying behaviour an opportunity to change.

If you suspect your child is being bullied or displaying bullying behaviour, please contact the school so that the matter can be responded to as soon as possible.

Please get in touch with us if you would like to find out more about KiVa.

**[newzealand.kivaprogram.net](http://newzealand.kivaprogram.net)**



KiVa, meaning kind or nice, is an approach to bullying prevention that has been developed by the University of Turku in Finland.

**The KiVa Parents' Guide is available on the KiVa website.**

**"Hey this year rocks, no one has bullied me. I like this!"**  
- KiVa student!

**"I am glad we are doing KiVa because it keeps you safe and happy."**  
- KiVa student



**the elephant trust**  
addressing the elephant in the room